

# THE YEAR OF **THE EUCHARIST & THE PARISH**



## **Recommended Resources for the Year of the Eucharist and the Parish**



**Catholic Diocese of Biloxi**

1790 Popp's Ferry Road, Biloxi MS 39532



MOST REVEREND  
LOUIS F. KIHNEMAN, III  
BISHOP OF BILOXI



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228-702-2111  
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Dear Sisters and Brothers in Christ:

The bishops of the Province of Mobile, together with our Presbyteral Councils, have declared the Church year beginning November 29, 2020, the *First Sunday of Advent*, and ending November 21, 2021, the *Feast of Christ the King*, to be ***The Year of the Eucharist and the Parish*** in all our dioceses.

At the Last Supper, Jesus told us how he wanted to be worshiped – at a meal. The Eucharist is meant to be shared and lived in a parish community. Food at its nature brings us together. It is clear Jesus wants us to come together for the Eucharist and in living the Faith with one another. The parish is where believers are united as community. It is where God gathers his people, and where God calls us to the banquet he has prepared.

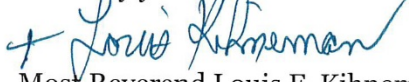
The Eucharist is not a 'what,' it is a 'who.' It is the real presence of Jesus himself. Our challenge is to open our hearts so our parishes can be communities where people of all backgrounds can gather as one, and where we care for the least of our sisters and brothers. As we receive the real presence of Christ in Holy Communion, we are called to be the real presence of Christ to others.

I am asking all the faithful, our parishes, schools, and ministries to observe 2021 as the Year of the Eucharist and the Parish. This booklet contains recommended resources to assist you in celebrating the Year of the Eucharist and the Parish. You will find it helpful in working with young children, children, youth, young adults, adults, and families. There are recommendations for teaching about Jesus in the Eucharist, including instructions for Mass with a Eucharistic Procession.

I sincerely appreciate all those who worked on this resource, particularly Father Michael Austin, Father Michael O'Connor, Father Marcin Wiktor, Deacon Bill Vrazel, Linden Williams, Jeremy Mayeaux, and Cody Roth.

It is our hope that you will find these resources to be helpful as we celebrate The Year of the Eucharist and the Parish. Christmas and New Year's prayers and blessings to all!

Sincerely yours in our Eucharistic Lord,

  
Most Reverend Louis F. Kihneman, III  
Bishop of Biloxi

"A welcoming family of GOD seeking to live faithfully, love generously, and share the good news of Jesus Christ"

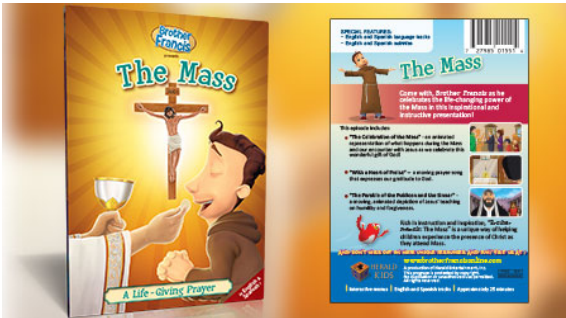
# Resources for the Year of the Eucharist

## Elementary Aged Children

**Website:** Brother Francis Series can be found on-line: <https://brotherfrancis.com/episodes-2/>

### Brother Francis Series: The Mass: A Life-giving Prayer

### A Brother Francis Series: Adventure Catechism Vol. 1-3



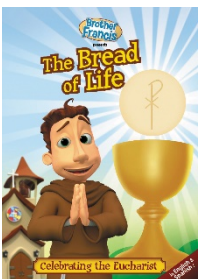
Come with Brother Francis as he celebrates the life-changing power of the Mass.

“The Celebration of the Mass” – an animated representation of what happens during the Mass and our encounter with Jesus as we celebrate this wonderful gift of God!

You may review an excerpt here:

[https://www.youtube.com/watch?v=R\\_k2cn8J\\_Lk](https://www.youtube.com/watch?v=R_k2cn8J_Lk)

### Brother Francis Series: The Bread of Life



Join Brother Francis in this delightfully inspirational and instructive presentation that teaches children all about the Sacrament of the Eucharist!

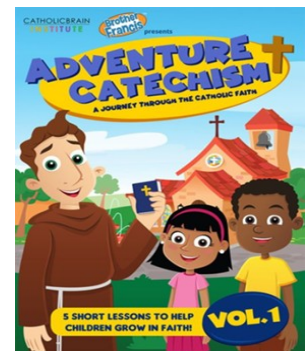
This episode contains: “The Last Supper”: animated presentation of Jesus instituting this Blessed Sacrament. “The Story of Blessed Imelda Lambertini”: the Patroness of First Communicants.

You may review an excerpt here:

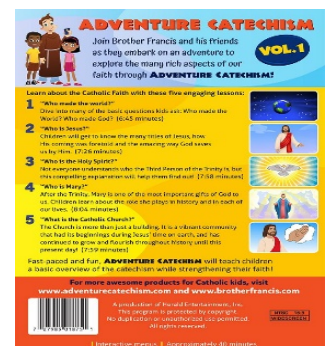
<https://www.youtube.com/watch?v=kIF6rq617uk>



Join Brother Francis and his friends as they embark on an adventure to explore the many rich aspects of our faith through Adventure Catechism!



There will be a total of 8 DVD's in the Series and will include 38 lessons from the Catechism geared to children.

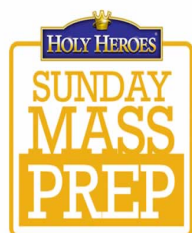


Information on this Catechism Series can be found at this Website:

<https://store.catholicbrain.com/collections/adventure-catechism>



## Recommended for Sunday Mass Preparation for families:



**A weekly on-line video on the gospels.**

*You may review an excerpt here:*

<https://www.holyheroes.com/MassPreps/57.htm#start>

### Holy Heroes Sacraments: Mass DVD's

These two DVD's are recommended for teaching children about the Eucharist and First Communion Prep. Appropriate for the whole family.



**This DVD goes through each part of the Mass and the origins of each. Even parents can learn a lot!**

The Holy Heroes Adventure Guides take you on a fascinating step-by-step journey through the Holy Sacrifice of the Mass. Scripture, history, and tradition are explained in a way that makes the prayers and actions of the priest—and our reverent responses—come alive in the imaginations and hearts of children ... and adults.

*You may review an excerpt here:*

<https://youtu.be/IK9mYGydQq0>



**This DVD explains the origins of the Mass and is wonderful for First Eucharist prep and to show with Parents. The Holy Heroes Adventure Guides take you inside the Bible, back in time, and behind the scenes to teach you all about the Holy Eucharist! It includes:**

The manna in the desert and the Eucharist today

- Moses and the Messiah: what the Jews of Jesus' time really expected the Messiah to do
- The Passover Lamb and Jesus – how they are alike, how they are different
- The Israelites' tabernacle, the Ark of the Covenant, the Bread of the Presence
- The Last Supper and the Mass – what's going on (and what is a child to do)?
- Miracles of the Eucharist that will inspire children

*You may review an excerpt here:*

[https://youtu.be/3UA9mJPV\\_BQ](https://youtu.be/3UA9mJPV_BQ)

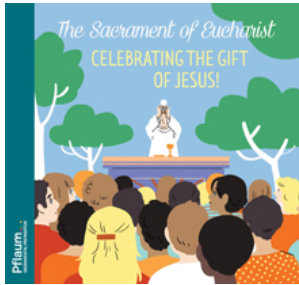


Let our Holy Heroes Adventure Guides teach your children the Mass responses plus two dozen prayers--and how to pray them like a Catholic!

**A great CD you can listen to in the car and learn the Mass too.**

<https://www.holyheroes.com/Glory-Stories-CD-Vol-8-Best-Loved-Catholic-Prayer-p/gscd8-set.htm>

## Recommended Books for Children

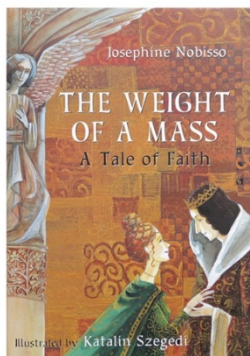


### **The Sacrament of Eucharist: Celebrating the Gift of Jesus!**

For more than 2000 years, Christians have come together to relive the Lord's holy meal. *The Sacrament of Eucharist: Celebrating the Gift of Jesus!* explains the meaning of the Mass and gives its origins, anchored in the Old Testament.

**TO PURCHASE:**

<https://cart.pflaum.com/product.php?productid=17944&cat=15&page=1>

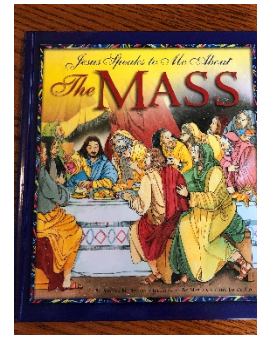


### **The Weight of A Mass: A Tale of Faith**

Absolutely enchanting about the glories and wonders of the Holy Mass through fabulous art, captivating text...and a miracle! Couched in the language and look of a fairy tale, and rich in solemn beauty, this tale of what happened when a destitute widow begs only a crust of bread in return for offering the Royal Wedding Mass is based on a true miracle.

**TO PURCHASE:**

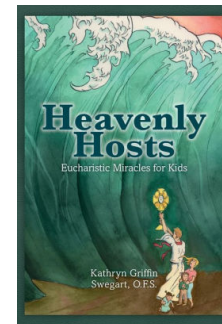
<https://www.holyheroes.com/The-Weight-of-a-Mass-p/weight-mass.htm>



### **Jesus Speaks to me about the Mass – Angela Burrin**

A beautiful and very well written explanation of the Mass linking the liturgy to scenes from the Gospels. The goal is to help children connect the actions of the Mass with Jesus' gift of himself in the Eucharist.

**SKU: 1055780 ISBN: 9781593251826**

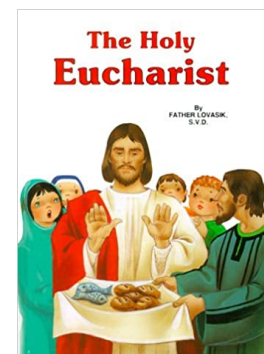


Your children likely know all about the Eucharist, that central ritual beloved by Catholics worldwide.

But do they know that God's presence in the Eucharist...in many Eucharistic miracles!

ISBN-13: 978-1729408681 ISBN-10: 1729408680

<https://www.amazon.com/Heavenly-Hosts-Eucharistic-Miracles-Kids/dp/1729408680>



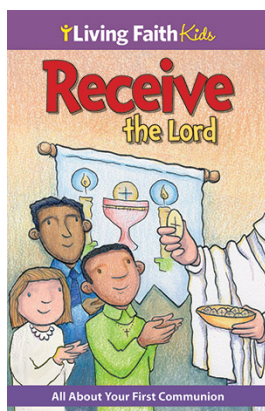
An old Classic book. Still valid today.

**ISBN-13 : 978-0899422244**

<https://www.amazon.com/Holy-Eucharist-Lawrence-G-Lovasik/dp/0899422241>

From Creative Communications for the Parish:

<https://catholic.creativecommunications.com/Products/MSK/praying-the-mass.aspx>



### Receive The Lord

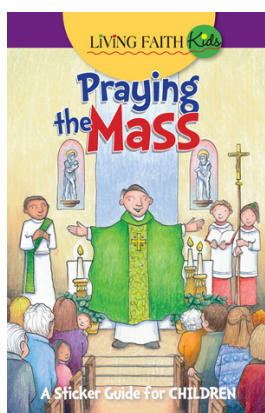
Living Faith Kids Sticker Booklet

Author: Connie Clark

Publish Date: 8/1/2019

Product Number: RL6

and ...



### Praying The Mass

Living Faith Kids Sticker Booklet

Author: Mark Neilsen

Publish Date: 8/1/2013

Product Number: MSK

## A WEEKLY CHILDREN'S BULLETIN

A GREAT Mass enhancement for kids which is available weekly:

<https://thekidsbulletin.com/2020/11/09/the-kids-bulletin-for-sunday-november-15th-2020/>

### Use Your Talents!

God has given each of us talents, or things that we're good at. In today's parable, Jesus tells about a master who gave three of his servants large amounts of money, which were also called talents. Two of the men used the talents and earned more, but one just hid his talent and didn't use it at all. When the master returned he rewarded the men who had used theirs, but punished the man who hadn't.

Some people have many talents and can do lots of good things. Other people can only do a few things well. But no matter what you can do, God wants you to do your best.

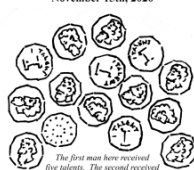
What are some things you're good at? What are some things you are not very good at? Rather than think about the things we can't do, we should be happy to do the things we can, and do them for God. Some people are good at drawing or writing. They can make people happy and teach people about God by drawing pictures or writing stories or letters. Some people are good at talking to people and making friends. They can show God's love and make people happy.

Some people have a talent of being patient with others, and show Jesus' love that way. What are your talents? How can you use them to bring people closer to God?

www.thekidsbulletin.com

### The Kids' Bulletin

33rd Sunday in Ordinary Time  
November 15th, 2020



The first man here received five talents. The second received two and the third man one. When the master returned, how many did each man have? Colour them this way to find out:



## First Communion Preparation

This Series from Dynamic Catholic developed by Matthew Kelly is available on your phone as well for FREE! It is beautifully developed and presented

We use this for First Communion Prep but this series is great for all children aged 4-9.



**Blessed** has 42 groundbreaking, animated films will inspire your children to have a faith that not only survives but thrives.

You may review an excerpt here:

<https://www.dynamiccatholic.com/first-communion/blessed-program-view-first-communion-session-4-1.html>



## Growing Up Catholic sacramental preparation is:

Designed to coach parents to share their faith with their children especially during Covid-19.

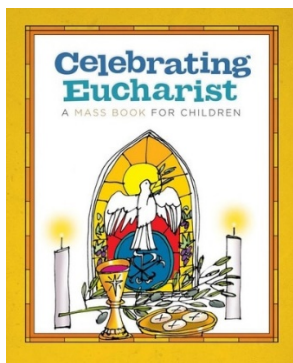
All about loving Jesus! We want to help the children (and the parents!) fall deeper in love with Jesus, not just absorb theological knowledge.

Preview here:

<https://pastoral.center/growing-up-catholic-sacramental-prep-eresource-free-preview-or-pre-order>

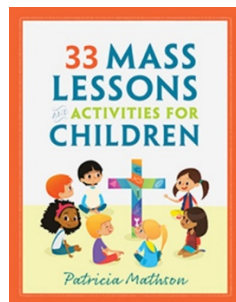


## Tools for Understanding the Eucharist



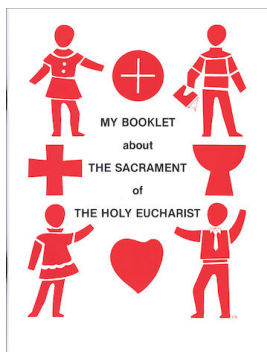
Celebrating Eucharist is THE perfect resource for helping children participate more fully at Sunday Mass.

<https://www.amazon.com/Celebrating-Eucharist-Mass-Book-Children/dp/1585958557>



Dozens of short activities to break open the meaning of the Mass, each with a family take-home page with special recommendations for families with children preparing for First Eucharist.

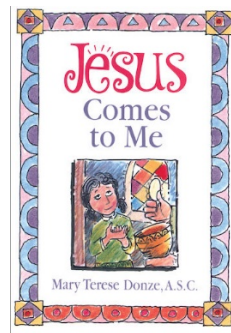
<https://www.amazon.com/33-Mass-Lessons-Activities-Children/dp/1627853804>



### My Booklet about the Sacrament of the Holy Eucharist Ages 7-10

Author: Paulette Schatz Publisher: Leaflet Missal Company UPC: 02561 Item Number: LEAF-02561

<https://www.comcenter.com/product/LEAF-02561/>



### Jesus Comes to Me

Ages 6-8

Author: Mary Donze

Publisher: Liguori Publications

ISBN: 978-0-89243-538-8

<https://www.comcenter.com/product/LIGU-435388/>

## CHILDREN'S WEBSITES



<https://teachingcatholickids.com/>

**Catholic Brain** is a subscription platform similar to Formed for families. Hundreds of videos, activities, lesson and worksheets. Try the free 1 month trial. View here:

<https://www.facebook.com/watch/?v=1976499749228765>

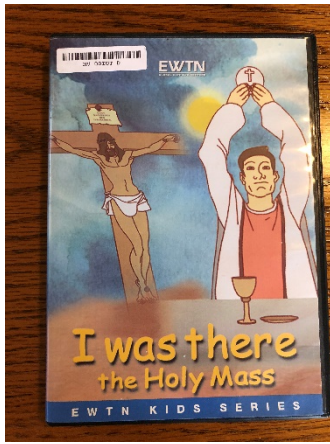
<https://www.catholicbrain.com/>



<https://www.catholicicing.com/>



## Powerful DVD about the Mass for older Elementary children



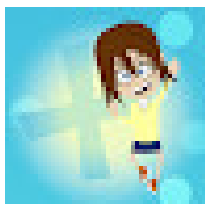
This animated feature conveys several all-important messages: Our Lord's amazing, sacrificial love for each of us; His all-sufficient atonement for our sins; and His Real Presence in the celebration of every Eucharist.

<https://www.amazon.com/Was-There-Holy-Mass-DVD/dp/B001EGS82Q>

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There are many, many excellent Catholic channels on You Tube with dozens of short animated teachings of bible stories and segments on the Eucharist. Kids can learn a lot in less than 10 minutes a day.



### Catholic Kids Media

What is the Eucharist? A fun Catholic reflection for kids based on the readings for the Solemnity of Corpus Christi (cycle B). Excerpt here:

<https://www.youtube.com/watch?v=hpII4IG01kk>

**NEW VIDEO EVERY WEEK**

**SOPHIA**  
INSTITUTE  
FOR TEACHERS



This is a wonderful .captivating animated teaching on the Eucharist. Appropriate for older children.

<https://www.youtube.com/watch?v=QcB7Uem00n4&list=PLMqzki72irGMDX-jL92qt0PYQVDcBOgcc&index=5>

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Please check back periodically for more resources children for



## The Year of the Eucharist and the Parish

# Edge, Life Teen and Young Adult Resources

## Why Am I Catholic? The Eucharist. – Ascension Presents



When a friend asked Jackie why she was still Catholic, she responded, “Because of the Eucharist.” Jesus did not tell us to remember him through song or great preaching—even though these can be good things to do to praise him. Giving his body and blood in the form of bread and wine to his disciples, he said, “Do this in memory of me.” Paraphrasing Pope Benedict XVI, Jackie explains how receiving the Eucharist is the most intimate form of connection one can have with God, and we can only receive the Eucharist in the Catholic Church. Jackie reads from The Great Adventure Catholic Bible, which you can purchase at [ascensionpress.com](http://ascensionpress.com)

<https://www.youtube.com/watch?v=TOoy1vEArBU>

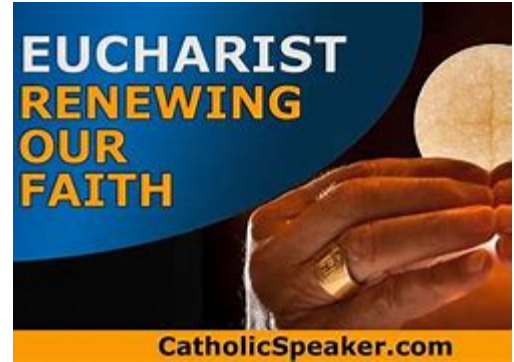
## Bloody Hosts and Tempting a Donkey: 6 Incredible Eucharistic Miracles | Cathlist # 23



Pete Burak from **Renewal Ministries** tells many historical stories of Eucharistic Miracles.

[https://www.youtube.com/watch?v=Pxi\\_U5JN8wM&t=82s](https://www.youtube.com/watch?v=Pxi_U5JN8wM&t=82s)

## Eucharist Real Presence – (How to Prepare to Receive Him)



In this video, Catholic Speaker Ken Yasinski goes over 4 ways to prepare our hearts before receiving the Eucharist. Because if the Eucharist is Jesus, and we are not being changed, the problem is not the sacrament, the problem is us.

<https://www.youtube.com/watch?v=9DyflCiti9Q>

## Local Resources for College Students

[USM: St. Thomas Aquinas, Hattiesburg](#)



Next page please



## EAGLE CATHOLIC (Catholic Student Assoc.)

Meets Sunday and Wednesday nights at 6:00 pm for Mass with free dinner following. On Wednesday nights we have fun activities such as a scavenger hunt, karaoke, game night, movie night, water war, etc. Our goal is to provide a "home away from home" and allow a chance for fellowship with other young Catholics. Events include a fall & spring retreat, annual mission trip, community service projects, praise and worship, and Bible study, to name a few.

Contact: Marianne Schmidt: 832-274-5325  
[usmcatholic@gmail.com](mailto:usmcatholic@gmail.com)

### MS State:



[Catholic Campus Ministry MSSTATE - Starkville, MS](http://msstateccm.org)  
([msstateccm.org](http://msstateccm.org))

### Ole Miss:



[CCM Ole Miss | Oxford, MS](http://ccmolemiss.org)

## Christ Centered Young Adult Gatherings focused on the Eucharist

This article dives into some of the Eucharistic events going on throughout the country focused specifically for young adults (age 18 – 40).

[Evangelizing Young Adults Through Eucharistic Worship | National Catholic Register](http://ncregister.com)  
([ncregister.com](http://ncregister.com))

***Be sure to check out the Diocese of Biloxi's Young Adult Ministry tab here:***

[Young Adult | Catholic Diocese of Biloxi | Biloxi, Mississippi \(biloxidiocese.org\)](http://biloxidiocese.org).



Also, the Archdiocese of New Orleans's website:

[Young Adult Ministry - Archdiocese of New Orleans - New Orleans, LA \(arch-no.org\)](http://arch-no.org)



A Great College Catholic Organization and Website

<https://www.focus.org/>

**Also check out:**

<https://focusequip.org/what-happens-in-the-eucharist/>



## Youth Ministry Recommendations



Life Teen strengthens our teens' Catholic identity, while rooting them firmly in Christ and in His Church.

<https://lifeteen.com/>



Edge helps middle schoolers unleash who they were created to be, in Christ.

<https://lifeteen.com/cym/resources/edge-timeline/>

### Life Teen Blog Post:

#### *See You in the Eucharist*

A look at how receiving the Holy Eucharist unites us together with both the saints in Heaven and the church militant on Earth.



[See You in the Eucharist... No, Really. - LifeTeen.com for Catholic Youth](#)

Knew I had heard this phrase somewhere! "See you in the Eucharist" is a REAL thing! We can be reunited with our love ones who have made it to Heaven as well as our dear friends on earth, who are striving in the faith by receiving the Eucharist in a state of grace.

### Lifeteen Blog Post:

#### *This is My Body: One Girl's Journey from Doubt to Belief*

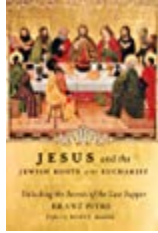


[This Is My Body: One Girl's Journey From Doubt to Belief - LifeTeen.com for Catholic Youth](#)

This article is a great example of how the Holy Spirit can bridge the gap between our Catholic witness and the unbeliever's heart. This is an incredible testimony of how a former Episcopalian college student came to embrace the True Presence of Jesus in the Eucharist. I found this article moving, because I spent several years working in an Episcopal/Methodist environment, where the bread and wine were just a symbol.



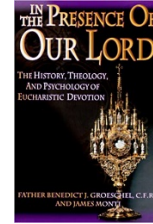
## Adult Books on the Eucharist



### Jesus and the Jewish Roots of the Eucharist

By Dr. Brant Pitre

[https://www.amazon.com/Jesus-Jewish-Roots-Eucharist-Unlocking/dp/0385531842#reader\\_0385531842](https://www.amazon.com/Jesus-Jewish-Roots-Eucharist-Unlocking/dp/0385531842#reader_0385531842)

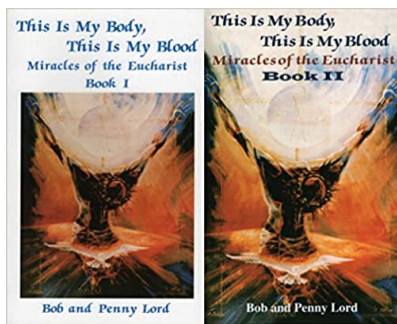


### In the Presence Of The Lord

(The History, Theology, and Psychology Of Eucharistic Devotion)

By Fr. Benedict Groeschel

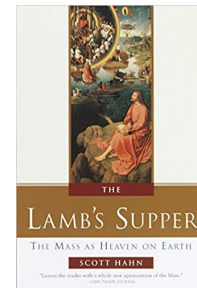
ISBN-13 : 978-0879739201 Our Sunday Visitor



### This is my Body This Is My Blood Miracles of the Eucharist

By Bob and Penny Lord

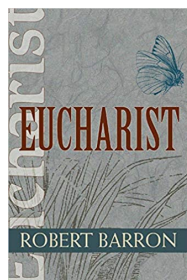
[https://www.amazon.com/This-Blood-Miracles-Eucharist-Books/dp/1580025161/ref=sr\\_1\\_3?crid=2U5W647NIVJIV&dchild=1&keywords=bob+and+penny+lord+books&qid=1606839623&s=books&prefix=Penny+Lor%2Cstripbooks%2C200&sr=1-3](https://www.amazon.com/This-Blood-Miracles-Eucharist-Books/dp/1580025161/ref=sr_1_3?crid=2U5W647NIVJIV&dchild=1&keywords=bob+and+penny+lord+books&qid=1606839623&s=books&prefix=Penny+Lor%2Cstripbooks%2C200&sr=1-3)



### The Lamb's Supper

By Scott Hahn

ISBN-13 : 978-0385496599 Doubleday



### Eucharist (Christian Spirituality for Adults)

By Bishop Robert Barron

[https://www.amazon.com/Eucharist-Catholic-Spirituality-Adults-Robert/dp/1570757224/ref=sr\\_1\\_2?dchild=1&keywords=Eucharist+Christian+Spirituality&qid=1606839780&s=books&sr=1-2](https://www.amazon.com/Eucharist-Catholic-Spirituality-Adults-Robert/dp/1570757224/ref=sr_1_2?dchild=1&keywords=Eucharist+Christian+Spirituality&qid=1606839780&s=books&sr=1-2)

## Adult CD's on the Eucharist

### 7 Secrets of The Eucharist - (Free CD)

By Vinny Flynn

[www.catholicity.com](http://www.catholicity.com)

### The Mass Explained - (Free CD)

By Fr. Larry Richards

<https://www.catholicity.com/cds/mass.html>

## CD Resources



## Lighthouse Catholic Media from the Augustine Institute

Many CD's and topics available here:

<https://www.lighthousecatholicmedia.org/>

## Video Streams

### Fr. Mike Schmitz: "The Hour That Will Change Your Life"

[Fr. Mike Schmitz: "The Hour That Will Change Your Life"](#)

[| SEEK2015 - YouTube](#)

### Blessed Carlo Acutis, The Tech Teen who found Jesus | EWTN Vaticano

[https://youtu.be/YUOgYiw\\_OZ0](https://youtu.be/YUOgYiw_OZ0)

### Blessed Carlos Acutis

### The Eucharist My Highway to Heaven

[https://youtu.be/yC\\_oZIY\\_f5w](https://youtu.be/yC_oZIY_f5w)

## Best Catholic Links

Visit many great Catholic Links from the  
Website below:

<https://www.catholicity.com/links/>



Please check back periodically for more  
resources.

# Eucharistic Prayers of the Faithful

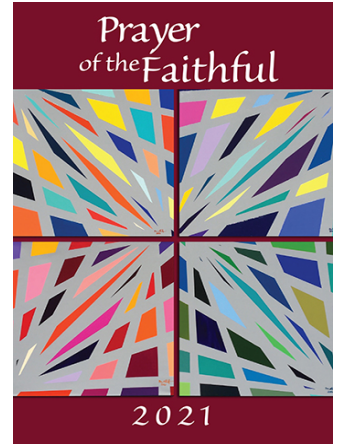
***Prayer of the Faithful 2021*** contains sample prayers and suggestions for Sundays, holy days and other important days of the liturgical year. This large-print workbook also provides practical tips for writing and leading intercessions that reflect the particular concerns of your community.

Oregon Catholic Press (or **OCP**) has a ***Prayer of the Faithful 2021*** available in paperback format for \$9.95 or an online downloadable subscription which is available on ***ocp.org***.

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## Sample Prayers of the Faithful for the Year of the Eucharist

- That all lapsed Catholics return to a regular reception of Christ in the Eucharist, we pray to the Lord
- That under the one Bread and Body of Christ, all divisions within the Church are healed and unity renewed, we pray to the Lord
- That through the Eucharist, God will fashion us into a leaven for the world, we pray to the Lord
- Through partaking of the one Bread and Body, may we become what we consume, we pray to the Lord
- For all Catholics: may we never forget Who it is that we are receiving in the Eucharist. May this knowledge shake us from our complacency and stir within us a sense of reverence and gratitude, we pray to the Lord
- Through the Bread that is broken, may the wounds we carry in our hearts become channels of God's self-disclosure, we pray to the Lord

# Eucharist Prayers to Offer at Mass



## 1. Prayer of St. Thomas Aquinas

Lord, Father all-powerful, and ever-living God, I thank Thee, for even though I am a sinner, Thy unprofitable servant, not because of my worth, but in the kindness of Thy mercy, Thou hast fed me with the precious Body and Blood of Thy Son, our Lord Jesus Christ. I pray that this Holy Communion may not bring me condemnation and punishment but forgiveness and salvation. May it be a helmet of faith and a shield of good will. May it purify me from evil ways and put an end to my evil passions. May it bring me charity and patience, humility and obedience, and growth in power to do good. May it be my strong defense against all my enemies, visible and invisible, and the perfect calming of all my evil impulses, bodily and spiritual. May it unite me more closely to Thee, the one true God and lead me safely through death to everlasting happiness with Thee. And I pray that Thou wilt lead me, a sinner to the banquet where Thou with Thy Son and Holy Spirit, art true and perfect light, total fulfillment, everlasting joy, gladness without end, and perfect happiness to Thy saints. Grant this through Christ our Lord. **Amen.**

## 2. Prayer of St. John Chrysostom

We give Thee thanks, O most merciful Lord and Redeemer of our souls, for this day Thou hast made us worthy by means of these immortal and heavenly mysteries. Direct our way; keep us in fear of Thee; guard our lives; and make our steps firm through the prayers and intercessions of the glorious and holy Mother of God and ever-Virgin Mary. Be exalted above

the heavens, O God, and above all the earth, Thy glory, now and forever and ever. **Amen.**

## 3. Domine Iesu Christe

O Lord Jesus Christ, Son of the living God, who according to the will of the Father, with the cooperation of the Holy Spirit, hast by Thy death given life unto the world, deliver me by Thy most sacred Body, which, I, unworthy, have presumed to receive, from all my iniquities and from every evil, and make me ever to hold fast to Thy commandments and suffer me never to be separated from Thee. **Amen**

## 4. Anima Christi

Soul of Christ, sanctify me.  
Body of Christ, save me.  
Blood of Christ, inebriate me.  
Water from the side of Christ, wash me.  
Passion of Christ, strengthen me.  
O good Jesus, hear me.  
Within Thy wounds, hide me.  
Separated from Thee let me never be.  
From the malignant enemy, defend me.  
At the hour of death, call me.  
To come to Thee, bid me,  
That I may praise Thee in the company  
Of Thy Saints, for all eternity.

**Amen.**

## 5. Prayer to the Virgin Mary

O Mary, most holy Virgin and Mother, behold, I have received thy most beloved Son, Jesus Christ, whom thou conceivest in thy spotless womb, bore, nursed, and held with thy sweet embraces. Behold Him at whose sight thou wiltst rejoice and be filled with every delight. With love I humbly return Him and offer Him to thee, to hold once more, to love with all thy heart, and to offer to the Holy Trinity as our supreme act of worship for thy honor and glory and for my good and the good of all the world. Therefore I ask thee, most loving Mother, to ask God for forgiveness of all my sins, abundant graces to help me serve Him more faithfully, and for that final grace that I may praise Him with thee for ever and ever.

**Amen.**



# Celebrating the Eucharist

## THE INSTRUCTION FOR THE SOLEMN MASS WITH EUCHARISTIC PROCESSION<sup>1</sup>



### 1. Preparation

- Six or four candles are lit on or near the altar.
- Cross is set in the middle of the altar facing a priest.
- A vessel of water with sprinkler (and salt) is set on the credence table (not on the altar).
- Altar servers (4-12) include:
  - Thurifer (and boat bearer),
  - Cross bearer,
  - Two candle bearers,
  - Two, four or six torch bearers (optional),
  - Master of Ceremony (optional).
- A white cope and white veil prepared near the chair and monstrance on the edge of corporal is set on the altar during Communion.

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<sup>1</sup> Based on: Peter Elliott, *Ceremonies of the Modern Roman Rite. The Eucharist and The Liturgy of the Hours* (San Francisco, CA: Ignatius Press, 2005), 137-153, 256-263.

- A canopy for Eucharistic procession (a canopy is available including at Our Lady of the Gulf, Holy Family and St. Charles Borromeo Parishes).
- Four men to carry a canopy during Eucharistic procession (preferably Knights of Columbus).
- Eucharistic banners and statues of Jesus bearers (optional).

## **Mass**

*Incense is used four times: before the entrance procession and after the arrival to the altar, for the Gospel, for the offertory, and for the consecration)*

### **2a) Entrance and Introductory Rite**

The thurifer approaches the celebrant and opens the thurible. The deacon, if there is one, assists with the boat as the celebrant places incense in the thurible. The celebrant blesses it silently making the sign of the cross before the lid is closed. Then, the procession begins according to the following order:

- Thurifer (and boat bearer),
- Candle bearers,
- Cross bearer,
- Torch bearers,
- Religious and clergy in choir dress (those who do not concelebrate),
- Deacon with the Book of the Gospels,
- Concelebrating priests,
- Celebrant with another deacon on his right side if there is one.
- M.C.

On arrival before the altar, those who are not carrying anything genuflect in twos (or bow deeply if the tabernacle is not in the sanctuary). The celebrant with deacon(s) kisses the altar. Then, the thurifer hands the thurible to the deacon, who hands it to the celebrant. The celebrant incenses the altar assisted by deacon(s). If the Paschal candle is lit, and relic or sacred image is present, he incenses the Paschal candle

with three double swings. Then, he incenses the cross with three double swings. Having return to the center of the altar, the celebrant hands the thurible to the deacon who gives it to the thurifer.

After the sign of the cross and the greeting, the celebrant conducts the rite of the blessing of holy water which is found in the Missal. The rite of the blessing and sprinkling of holy water (*Asperges*) takes place of the penitential rite. After sprinkling, *Gloria* is sung which should be intoned by the celebrant. In this case, there is no *Kyrie*. Then, the Mass follows as usual.

### **a) Gospel**

The celebrant stands or may remain seated as all stand including deacons for the singing of the Alleluia verse. The thurifer and boat bearer approach the chair, bow moderately to the celebrant and present open thurible at a convenient level to celebrant. If celebrant remains seated, they kneel down and present thurible. The celebrant puts incense and makes the sign of the cross in silence over the thurible which is then closed. The thurifer and boat bearer bows to the celebrant and go to wait at a central place in front of or behind the altar, where the two candle bearers are waiting, having brought their candles as soon as the alleluia verse began. From this point, the thurifer will lead the Gospel procession to the ambo. After the blessing of the deacon celebrant stands if he remained seated before. The deacon goes to the altar, bows to the altar, reverently takes up the Gospel Book and solemnly carries it to the ambo, proceeded by the thurifer, boat bearer and candle bearers. The candle bearers stand on each side of the ambo, facing each other. There shouldn't be set any candle on the ambo at any time except for the Gospel. The thurifer stands on the right of the deacon. The deacon places the Gospel Book on the ambo and with hands joined, he greets the people, singing "The Lord be with you." At "A reading from...", he makes the sign of the cross on the text, then on his forehead, lips and breast. He takes the thurible, bows to the Book of the Gospels and incenses it with three double swings and then bows again. The thurifer and boat bearer may remain on the right of the deacon or they may stand in the front of the ambo facing each other just like candle bearers, swinging thurible at full length. The deacon chants or reads the Gospel, with his hands joined. During the reading of the Gospel, the celebrant and all in the sanctuary turn towards the ambo.

After the Gospel, the candle bearers along with thurifer and boat bearer return by the shortest way to their places replacing candles where they were placed before. After homily the Creed takes place which should be sung. At the chair, the celebrant intones the opening words.

## **b) Offertory**

The chalice (with corporal, pacificator, pall, veil and burse) and the missal are placed on the altar. While the celebrant is offering the wine, the thurifer approaches the celebrant along with boat bearer handing the boat to the deacon. The celebrant places incense in the thurible, makes the sign of the cross in silence over the thurible, which is then closed. The thurifer gives the thurible to the deacon, then along with boat bearer bow to the celebrant, and they go to the side of the altar. The celebrant and the deacon(s) bow to the altar and incense the offerings either with three double swings or making three signs of the cross according to the diagram found in the Old Missal. The celebrant and deacon(s) bow again, turn to the right and incense the altar accompanied by deacon(s) in the same way as the beginning of Mass without incensing the Paschal candle or relics. When they return to the center, the deacon receives the thurible from the celebrant and goes to the right of the altar. Facing one another, the celebrant and deacon(s) bow, and the deacon incenses the celebrant (and the other deacon) with three double swings. They bow again. Then, the deacon goes to incense concelebrants with three double swings for the whole group from a fixed point in front of them. He incenses clergy in choir in the same way. At the front of the sanctuary, he bows to the people and incenses them with three single swings. The deacon bows before and after people have been incensed. Having bowed to the people, the deacon gives the thurible to the thurifer and returns to the altar. The Preface must be sung by the celebrant. Mass continues as usual.



### **c) Consecration**

Deacon of the Word turns pages in the Missal and deacon of the chalices puts or removes the pall in appropriate time (he uncovers the chalice before epiclesis, covers the chalice after consecration, then uncovers the chalice before doxology and covers it immediately after doxology, lastly, uncovers the chalice after the sign of peace). The celebrant continues the chosen Eucharistic Prayer (note: on Sundays and solemnities the Roman Canon – I EP or III EP are used). It would be appropriate for a skilled celebrant to sing it on a major occasion.

Torch bearers go to front of the altar led by thethurifer and boat bearer during *Sanctus* (“Holy, holy, holy Lord God of hosts...”). After approaching the front of the altar, they all kneel. If there is more than one deacon, one of them (the deacon of the Word) leaves the altar and joins thurifer during *Sanctus*. He places incense in the thurible without making the sign of the cross and kneels for the epiclesis. The other deacon, M.C., servers, and clergy in choir dress kneel for the Consecration at the epiclesis as well (only celebrant and concelebrants remain standing). The deacon incenses the Host and chalice at each elevation, with three triple swings. Then, after passing the thurible to the thurifer, he genuflects, and returns to his place at the altar after acclamation. Where there is just one deacon assisting, he remains at the altar, and the thurifer incenses the Blessed Sacrament at each elevation with three triple swings too. After doxology and great “Amen” the thurifer and boat bearer along with the torch bearers genuflect. The thurifer and boat bearer lead the torch bearers from the sanctuary. Then, Mass continues as usual.

## **2. Procession and Benediction**

During Communion a server brings the empty monstrance to the altar, places it to the left of the corporal. Another server sets white cope for the celebrant near the chair. Incense is getting ready in the sacristy for the procession. Clergy who are not concelebrants put on stoles or white copes, but not chasubles which are reserved for concelebrants. The deacon or, lacking him, the celebrant, goes to the altar, places the Host in the monstrance, sets the monstrance on the corporal and genuflects. The deacon then goes to the

chair, where the celebrant sings the Prayer after Communion. The blessing and dismissal are omitted. At the chair, the celebrant removes the chasuble and put on white cope. If white cope is not available, he remains wearing the chasuble. Directed by M.C., the cross bearer and candle bearers take up a position in the aisle of the church, where they will lead procession from the church. Concelebrants and clergy follow them and line up in the aisle, so that they will precede the canopy. The celebrant, deacon(s), M.C., torch bearers and thurifer and boat bearer line up in the front of the altar, genuflect and then kneel. All kneel while a hymn of adoration is sung. The Host is incensed as usual. Then the deacon or, if he is not present, a concelebrant or assistant priest goes to the altar with the celebrant. Both genuflect, and the deacon (concelebrant or assistant priest) places the monstrance in the celebrant's veiled hand. The celebrant turns or comes around to the front of the altar. His cope is held back by the deacon(s) as he slowly walks forward to an agreed point, where those bearing the canopy meet him and raise it over him and the deacon(s). The thurifer and the boat bearer take their places in front of the canopy. As the first hymn begins, the procession proceeds in the following order:

- Candle bearers,
- Cross bearer,
- Religious associations, sodalities, etc., perhaps carrying their own banners,
- First Holy Communion children,
- Religious and clergy in choir dress (those who did not concelebrate),
- Concelebrants of the Mass,
- Thurifer swinging the thurible (and boat bearer) in front of the canopy,
- Torch bearers with torches walking along each side of the canopy,
- Under the canopy, the celebrant carrying the Eucharist devoutly at eye-level, with the deacon(s) beside and slightly behind him, holding back his cope, if necessary,
- The faithful follow the canopy.
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The procession may pause at suitably decorated “altars” for Benediction.

On returning to the church, the canopy bearers stop in the front of the sanctuary as the celebrant goes up to the altar. They move off to one side and put the canopy in a suitable place. All servers with clergy line up in the sanctuary for Benediction and remain kneeling. The deacon takes the monstrance from the celebrant and places it on the corporal. The celebrant and deacon(s) should wait until all people have taken places in the church and are kneeling. Then, the hymn of adoration is sung. The Eucharist is incensed and Benediction is given as usual in silence. The M.C. or a server removes the humeral veil from celebrant and the deacon reposes the Eucharist in the tabernacle, genuflecting before closing the door. After that, a final hymn, acclamation or Marian antiphon may be sung. Clergy and servers proceed to the sacristy in the same order which took place for entrance.